

SPA *Luana*



Service Menu



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The Spa Luana Experience

Kahuna invites you to come and enjoy an exclusive selection of luxury pampering experiences that delight the senses and soothe the body, mind, and spirit. Our passionate and professional staff will guide you to your suitable spa journey so you may reach a state of genuine well-being and relaxation. The Luana Spa Experience is complete—unites beauty and wellness, and makes one whole.



Lomi-Lomi

Duration: 120 mins

2,400.00
Php

This traditional Hawaiian massage is passed down from generation to generation by healing **kūpuna** (elders). It is a gentle and rhythmic massage that incorporates lomilomi sticks and warm basalt stones. Indulge in a massage that releases tension, pain, and fatigue and replenishes the mind, body, and spirit with positive energy, increased circulation, and muscle tone. The Luana (meaning enjoyment) Spa Experience leaves you with inner enjoyment and a complete state of well-being.

HO'OMALIE

(Take a moment, slow down)

Duration: 135 mins

2,500.00
Php

Inspired by the traditions, this relaxing treatment blends rhythmic Hawaiian Lomi Lomi and Pohaku (warm stone) massage to induce deep relaxation and release tension.

Pamper your body and let it appear even and velvety-soft. This special scrub with peeling grains made with the stem cell extracts from the fruit of the wild service tree, combined with Aachen thermal spring water are the answers to help you forget every trace of stress and your daily cares. The unique shaping complex of beauty actives prevents against excess fat deposits and refines the body's silhouette while giving you a pleasant feeling of warmth and glow.

HONI-HONI

"Sealed with a Kiss"
(Luana Spa Signature Couples Treatment)

Duration: 80 mins

Bask in the ultimate treatment with your love one, which includes a special Lomi-Lomi massage especially designed for couples and capping it off with our exclusive Wellness touch facial massage with your choice from the world's potent ampoule concentrates by Babor.

2,500.00

Php

Per person

The Masterpiece: Red Carpet Facial

Duration: 90 mins

Would you like a dramatic boost to your looks without making it seem that you have overdone it with injections and surgery? This is an intensive skin firming and nourishing facial in one go. Botox peptides reduce glabellar lines, crow's feet, nasolabial folds, expression lines, even out wrinkles with anti-double chin effect. The face is remodeled and restored to its youthful V-shape and volume. End-result? A face that looks 5 years younger!

After this treatment, you will definitely be ready for the red carpet!

3,500.00

Php

Pro-Youth Luxury Rose Facial

Duration: 90 mins

This treatment halts time's effect on your skin while you are enveloped in the scent of a pleasant rose again. The skin looks visibly tighter, glowing, firmer and smoother. The texture of the skin appears more refined and even. This facial will give you a younger-looking perfected and radiant complexion. As a special add on, our exclusive Lifting Touch facial massage with **Rose Quartz Guasha Stones** will help lower your stress levels and make you relax completely

2,500.00

Php

Swedish- Simply Relaxation

Duration: 60 mins

1,100.00
Php

The Swedish Massage is among the most popular massage in the world. This massage uses a gliding technique that improves circulation, assists lymphatic flow, calms nerves, and promotes relaxation.

Ayuthaya

Duration: 60 mins

1,100.00
Php

This massage combines acupuncture-like pressure and stretching that eases the body and mind. With this treatment, you can enter a magnified state of relaxation and a positive flow of balanced energy.

De Stress : Head, back, shoulder, and neck massage

Duration: 30 mins

700.00
Php

The massage is perfect for people who work and sit all day. It is a quick and revitalizing massage that concentrates and eases the soreness on the neck, shoulder, and back muscles.

Island Body Bliss (Combination of Swedish, Shiatsu & Thai massage)

Duration: 75 mins

1,300.00
Php

A massage that gives you the ancient healing techniques of Japanese Shiatsu, Thai Massage, and deeper Swedish massage strokes. Delve into a deep state of relaxation while your body's energy flows freely, and your muscles become stretched and treated through a variety of rhythmical movements.

Foot and Hand Reflexology

Duration: 60 mins

1,100.00
Php

The foot and hand reflexology traces its history to ancient civilization. This type of massage applies pressure on specific points on the feet and hand, which relieves ailments and restores the body's natural energy flow. It benefits the entire body and gives an overall renewal of vital life-force energy.

Hawaiian Lomi-Lomi

Duration: 60 mins

1,500.00
Php

Passed down from generation to generation by Hawaiian healers, the Hawaiian Lomi Lomi remains relevant today. This treatment uses beautifully flowing long and rhythmic massage strokes and flowing forearm movements that emulate waves of the Pacific Ocean.

One may incorporate warm basalt stones or warm bamboo sticks and our organic Hawaiian Lemongrass Ginger Oil blend to enhance relaxation, reduce muscle tension and restore physical and mental well-being.

Massage Enhancements:

- * With warm basalt stones - 90 mins (+300.00Php)
- * With warm bamboo rods - 90 mins (+300.00Php)

Hana Pohaku (Stone)

Duration: 90 mins

1,500.00
Php

From the Hawaiian culture of creating wonders with raw materials such as stones, the Hana Pohaku uses warmed basalt stones to increase circulation. The use of these stones allows your therapist to work more efficiently and effectively while you relax deeply.

Japanese Bamboo Massage

Duration: 90 mins

1,500.00
Php

For the Asians, the bamboo symbolizes life energy, strength, prosperity, longevity, peace, sexuality, and fertility. The process of this unique (but not new) massage employs the use of bamboo sticks of varying lengths and thicknesses. The bamboo stalks help provide deep tissue work to promote blood circulation, improve sensory nerve perception, and drainage of the lymphatic system while also providing a sense of relaxation and relief from tension.

Chinese Cupping Therapy With Massage (Ventosa)

Duration: 90 mins

1,500.00
Php

An ancient form of alternative medicine in which therapists put special cups on your skin for a few minutes to create suction.

This massage therapy is a deep-tissue massage that helps with pain, inflammation, blood flow, relaxation, and overall well-being.

Note: Please expect a little bruising that will go away in 2-7 days.

KāPAI (Hot Herbal Ball)

Duration: 90 mins

2,000.00
Php

Hot Herbal Ball Massage targets pain and muscle inflammation and restores the balance of the body's qi or energy. The treatment uses a mix of 6 or more herbs wrapped in cotton cloth, which is heated and used as a tool to work the knots in your tight muscles. It is ideal for treating muscle pains and arthritis, and upper respiratory conditions.

As a special treat, you may bring home your herbal ball.

Traditional Gua Sha

Duration: 90 mins

1,500.00
Php

The name Gua Sha means scraping in Chinese. Like its name, it relates to skin scraping, coining, or spooning. This ancient East Asian practice involves a tool to exert pressure and scrape your skin to release tension and relieve you from pain.

The massage makes our body move energy from one part to another, called Qi or Chi technique, and requires the use of Gua Sha. This tool is rubbed on your back in long strokes and exerts enough pressure that creates minor bruising.

NOTE: The action can cause mild bruising of red or purple spots, called sha or petechiae.

BODY WAXING TREATMENT

Full Legs

1,600.00
Php

Duration: 30 mins

Half Legs

1,200.00
Php

Duration: 30 mins

Full Back

1,600.00
Php

Duration: 30 mins

Half Back

1,200.00
Php

Duration: 30 mins

Full Arm

1,000.00
Php

Duration: 30 mins

Underarm

700.00
Php

Duration: 30 mins

Eye brow

400.00
Php

Duration: 30 mins

Upper Lip

400.00
Php

Duration: 30 mins

Tummy

1,200.00
Php

Duration: 30 mins

Bikini

1,200.00
Php

Duration: 30 mins

Bikini-Cial

Approx. 30 mins

1,900.00
Php

This is a facial for the bikini area dubbed as "**Beauty at the Beach**". Steps are similar to a regular facial w/ emphasis on exfoliation to lighten the bikini area.

BIKINI
-CIAL

Firming Body Polish

Duration: 45 mins

1,500.00
Php

Bask in warm with an infusion of rich, sweet Chocolates and Peppermint essential Oil blended with certified Organic Brown Sugar crystals that gently exfoliates and smooths away dryness while deeply moisturizing your skin.

French Rose Body Mud Treatment

Duration: Approx. 60 mins

1,800.00
Php

This remarkable body mud treatment contains soothing rose clay extracted from the Provence region of France. It helps your skin to retain moisture, rehydrate and promote a balanced and radiant complexion. Highly recommended before and after sun exposure.

Ear Candling w/ Back Massage

Duration: Approx. 40 mins

1,200.00
Php

This soothing and relaxing old practice is a technique used to relieve pressure, wax build-up and inner blockage by placing slow-burning cylinder gently in your ear.

Foot Bliss

(Paraffin Treatment)

Duration: Approx 30 mins

400.00
Php

Paraffin therapy is the perfect ending to any foot care treatment, leaving you feeling exceptionally pampered and relaxed. The therapeutic heat treatment relaxes sore, tired feet, stimulates circulation and allows for a much more effective experience.

Hand Bliss

(Paraffin Treatment)

Duration: Approx 30 mins

400.00
Php

Will leave your hands feeling soft and gives you a soothing, relaxing experience.

Foot and Hand

(Paraffin Treatment)

Duration: Approx 30 mins

600.00
Php

Power "Feetness" Therapy

(Anti-Callus & Lightening Feet Treatment)

Duration: Approx 60 mins

1,200.00
Php

Pamper your feet w/ Gena Feetness products and discover how foot well-being can create a sense of relaxation and harmony for your body and soul. Gena has taken selective active ingredients from the US and incorporated them into modern products under the motto "**Fitness for your feet**".

Manicure or Pedicure

Duration: Approx 30 mins

with

PHP 650.00
REG POLISH

with

PHP 850.00
GEL POLISH

CLEANING ONLY : PHP 400.00

*Foot Spa w/
Foot Paraffin*

PHP 1,250

*Foot Spa
w/ Pedicure*

PHP 1,500
REG POLISH

PHP 1,700
GEL POLISH

*Foot Spa w/ Foot
Paraffin & Pedicure*

PHP 1,750
REG POLISH

PHP 1,950
GEL POLISH

*Hand Paraffin
w/ Manicure*

PHP 900
REG POLISH

PHP 1,100
GEL POLISH

FOOT AND HAND CARE

Foot Paraffin w/ Pedicure

**PHP 900
REG POLISH**

**PHP 1,100
GEL POLISH**

Foot & Hand Paraffin w/ Manicure & Pedicure

**PHP 1,400
REG POLISH**

**PHP 1,600
GEL POLISH**

Sauna

Duration: Approx. 15 mins - 30 mins

Grab a few moments to relax in our hot, woodsy-scented sauna which could be the best part of your gym workout, or simply enjoy the experience while on vacation. Whether you indulge several times a week or only once a year, saunas can provide relaxation and health benefits, such as reducing minor aches and pains.

450.00 Php

15 mins.

800.00 Php

30 mins.

SAUNA

Youth Control Intense Repair

This facial will brighten your complexion naturally as delivers a radiant, fresh, smoother, all-over glow with a more toned and youthful appearance.

w/o facial massage

800.00 Php

45 mins.

w/ facial massage

1,100.00 Php

60 mins.

SPECIAL MASK ENHANCEMENTS:

For long lasting results and unforgettable experience in the treatment room, we have our Special Masks to offer with every facial.

Doctor Babor Detoxifying Clay Mask

A mineral clay mask w/ natural, highly intact deposits obtained from the depths of Canada's primeval seas, remineralizers the skin & regulates sebum production; perfect for stressed skin in need of regeneration and protection.

w/o facial massage

1,550.00 Php

45 mins.

w/ facial massage

1,850.00 Php

60 mins.

Firming Algae Mask Peel-Off

A refreshing, cooling peel-off mask w/ Spirulina Algae extracts that refreshes & invigorates tired skin and lends it a fresh, rosy glow. Skin is toned, firmed, fines lines, and wrinkles are smoothed.

w/o facial massage

1,550.00 Php

45 mins.

w/ facial massage

1,850.00 Php

60 mins.

Advance tailored Youth Control Intense Repair & Deep Cleaning

Duration: Approx. 75 - 90 mins

This facial begins with a deep pore cleansing using the latest peeling technology of subtilisin and lipase enzymes coupled with steam to melt away any surface impurities. Followed by a personalized ampoule concentrate to smooth fine lines, prevent lack of elasticity, calm hydrate and firm your skin. The exclusive and proprietary Babor Lift Touch Massage with incorporates a de-stressing and relaxing face, neck, shoulder, back and scalp massage is included and the treatment is topped of with a complementing mask and cream. Skin is rendered silky smooth, supple and bright.

**1,800.00
Php**

The Smoker's Facial

Duration: Approx. 75 - 90 mins

1,600.00
Php

This treatment incorporates concentrated oxygen to let the skin breathe instantly. Embedded in a vesicle made of the skins own natural ceramides, transported to the deepest level of the skin. It will leave the skin looking freshly energized, revitalized & radiant.

Oxy-Vitality Facial

Duration: Approx. 75 - 90 mins

1,600.00
Php

This treatment is ideal to counteract the impacts of stress, pollution & the high demands of modern life that progressively mark the skin. By returning oxygen & nutrients to the demis, your complexion will become bright & fresh. Wrinkles & lines will diminish, leaving skin radiant & well-rested.

Sensational Eyes

Duration: Approx. 45 mins

900.00
Php

A sensational eye treatment to relieve tired eyes, reduce puffiness, fine lines & dark eye circles w/ the special massage to relieve tension and to improve circulation.

Super-Charger for Men

Duration: Approx. 60 mins

1,100.00
Php

A deep-cleansing facial treatment for our man which includes a massage of the face, head, shoulder and neck area to ensure total relaxation.



Luxury spa treatments

It all began with a black rose (symbol of infinite beauty) when Dr. Michael Babor set the standards for skincare research. Babor is a visionary and a pioneer that became the innovative leader in luxury professional skincare in the world's best spas.

Babor is one of the most recognizable premier skincare brands in the wellness world used in the finest spas and wellness institutes around the globe. In Europe, it is ranked as the number 1 sold professional skincare brand in the industry for years now. Their product lines are a perfect balance of science and nature aimed to meet all the skincare needs of its consumers.

Babor was founded in 1956 in Aachen, Germany – widely considered a Spa Town in North-Rhine – Westphalia, Germany. Aachen has one of the hottest springs in Central Europe, with a water temperature of 74°C (165°F) containing a considerable amount of common salt and sulfur – empirically studied to be the best natural body pain reliever. Because of the intrinsic values of the place, people from Aachen Germany knows wellness to its core.

The company's more than 60 years of experience and natural environment for wellness became a pedestal for it to be known for its exclusive, high-quality natural formulas. The products are produced from only the finest natural ingredients that encourage skin health, harmony, and overall wellness. They use a variety of natural plant extracts and blend them using the latest technology in their state-of-the-art manufacturing facilities.

The people behind Babor understand that everyone's skin is different and unique . That is why their products address and tolerate a wide range of skin types across the world. Babor's commitment to wellness and beauty in the most natural way is the very reason why we recommend this brand for your skincare needs.



Spa Guidelines



SCHEDULING AN APPOINTMENT


We recommend booking in advance to ensure that your preferred time and service are available. To schedule an appointment for your preferred treatment, please contact our LUANA SPA team who will guide you to the most suitable choice for you. All spa appointments and packages are subject to availability.

SPA ETIQUETTE

A spa is where we seek tranquility, peace, and serenity. Kindly silence your mobile phones and other electrical equipment once you arrive at the spa and respect other guests' right to privacy. The spa team reserves the right to ask you to stop using any such devices while in the spa.

ARRIVAL TIME

We recommend that you arrive at our spa reception 15 minutes prior to your scheduled treatment. This will allow us to discuss your requirement and fill in your consultation for and/or health questionnaire. Please be advised that late arrivals will result in the reduction of Treatment Time, but with no changes in the standard price.



Spa Guidelines



SPA ATTIRE

The changing facility is available inside the treatment room. Bathrobes and/or slippers and/or disposables can be provided for added comfort.

PRICES

All prices are quoted in Philippine Peso (Php) and are subject to change at any time.

HEALTH CONDITIONS

Kindly advise us of any health conditions, allergies, or injuries that could affect your selected treatment when making your spa reservation. This will allow us to assist you in choosing the best experience for you and prepare any adjustments needed to a treatment room or room set up.

GIFT VOUCHERS

Give someone the gift of time that will be well spent. Luana Spa has vouchers available for a specific experience. You may contact the spa team for details.

Vouchers are valid for one (1) year from purchase.